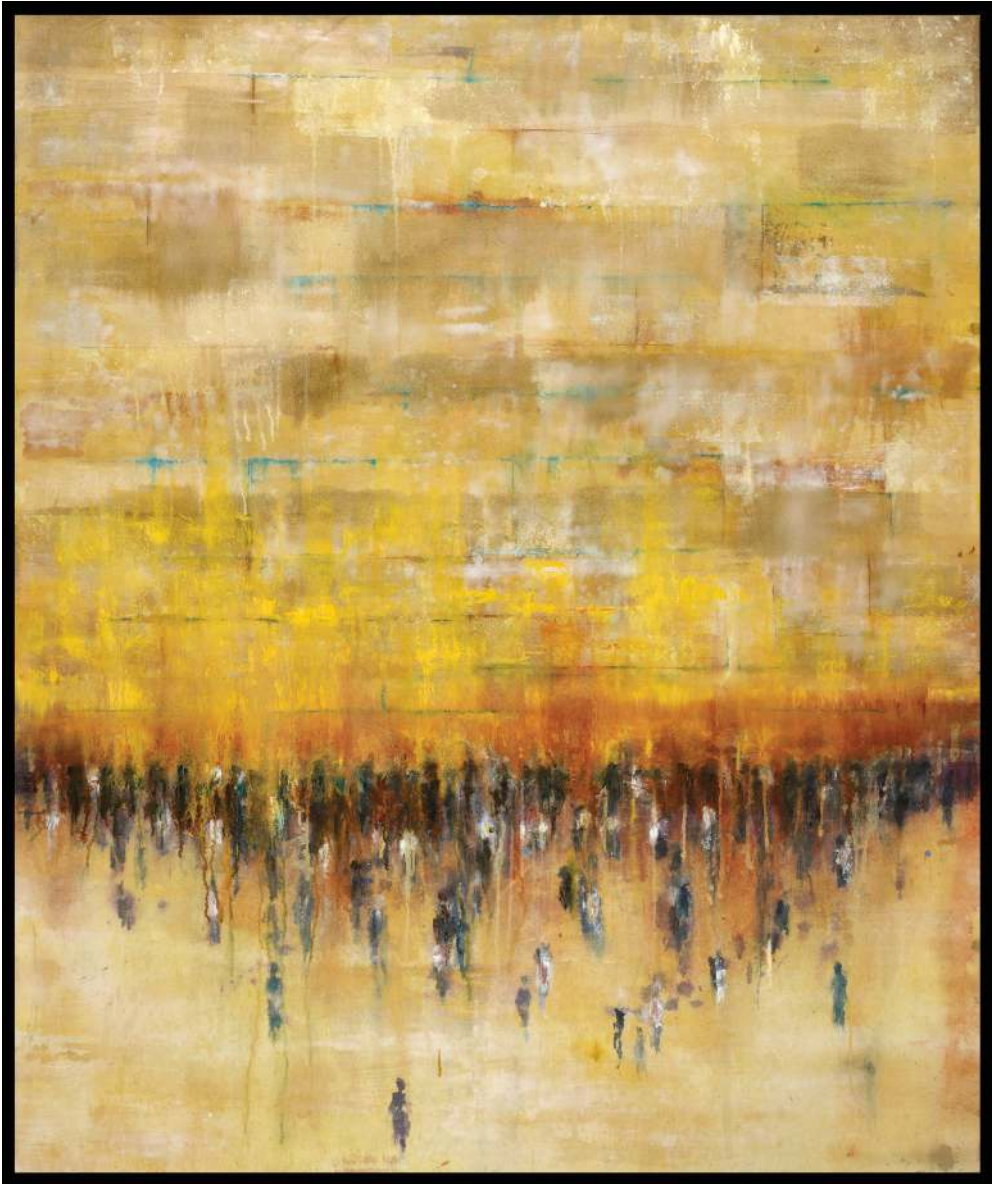




Barbara Hines | And I shall dwell in the house of the
Lord for many long years | Oil on Canvas | 60"x50"|
barbarahinesart.com

מודה אני

Say immediately upon awakening

מוֹדֶה אֲנִי לְפָנֶיךָ חַי וְעוֹלָם

I offer thanks to You, living and eternal King,

שֶׁהַחַיָּתָה בִּי נִשְׁמָתִי, בְּחֶמְלָה .

for You have mercifully restored my soul within me;

Pause slightly before saying

רַבָּה אֱמוּנָתְךָ:

Your faithfulness is great.

Transliteration

Modeh anee lefanecha melech chai vekayam, she-he-
chezarta bee nishmatee b'chemla, raba emunatecha.



שמע

Cover your eyes with your right hand and say

שָׁמַע יִשְׂרָאֵל אֲדֹנָי אֶחָד | אֲדֹנָי אֶחָד

Hear, O Israel: The Lord is our God; the Lord is one.

Recite the following verse in an undertone:

כְּרוֹד שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד

Blessed be the name of the glory of His kingdom forever and ever.

וְאֵהָבָה אֶת אֲדֹנָי אֶחָד לְבָבְךָ וּבְכָל נַפְשְׁךָ וּבְכָל מְאֹדְךָ

And you shall love the Lord, your God, with all your heart and
with all your soul, and with all your means.

וְהָיוּ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אֲנִי מְצַוְךָ הַיּוֹם עַל לְבָבְךָ:

And these words, which I command you this day, shall be upon your heart.

וְשִׁנַּנְתָּם לְבָנֶיךָ וְדַבַּרְתָּ בָּם בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבִלְכַתְּךָ בְּדֶרֶךְ וּבְשֹׁכְבְּךָ וּבְקוּמְךָ:

And you shall teach them to your sons and speak of them when you sit in your
house, and when you walk on the way, and when you lie down and when you rise up.

וּקְשַׁרְתָּם לְאוֹת עַל יָדְךָ וְהָיוּ לְטֹטְפֹת בֵּין עֵינֶיךָ:

And you shall bind them for a sign upon your hand, and they shall be for
ornaments between your eyes.

וְכָתַבְתָּם עַל מְזוֹזֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ:

And you shall inscribe them upon the doorposts of your house and upon your gates.

Transliteration

Sh'ma Yis-ra-eil, A-do-nai E-lo-hei-nu, A-do-nai E-chad.

Ba-ruch sheim k'vod mal-chu-to l'o-lam va-ed.

V'a-hav-ta eit A-do-nai E-lo-he-cha, B'chawl l'va-v'cha, u-v'chawl naf-sh'cha, u-v'chawl
m'o-de-cha. V'ha-yu ha-d'va-rim ha-ei-leh, A-sheer a-no-chi m'tsa-v'cha ha-yom, al l'va-ve-cha.
V'shi-nan-tam l'va-ne-cha, v'di-bar-ta bam b'shiv-t'cha b'vei-te-cha, uv-lech-t'cha va-de-rech,
u-v'shawch-b'cha uv-ku-me-cha. Uk-shar-tam l'ot al ya-de-cha, v'ha-yu l'to-ta-fot bein ei-ne-
cha. Uch-tav-tam, al m'zu-zot bei-te-cha, u-vish-a-re-cha.